



Kingsgrove Cricket Academy

SUNDAY SQUAD TRAINING

WHY STOP AND FALL BEHIND ?
A GREAT OPPORTUNITY TO GIVE THE YOUNG CRICKETER
THE JUMP HE NEEDS TO GET AHEAD OF THE COMPETITION

Sunday training squads consists of a three hour training session including batting, bowling, fielding with fun & enjoyable drills and games. Also includes the use of Academy facilities under the guidance of a qualified coach

No Bookings Required Just Turn Up ! Bring a Friend

ALL FOR JUST \$30.00

Squads run by Australian Coaching Council Level II Coach Hamish Solomons

When : Every Sunday Please check website over holiday periods - Christmas / Off Season

Break Dates : No Squads on **December 18, 25 • January 1, 8, 15**

Time : Between 9.00am and 12.00am

Where : 179 Kingsgrove Road Kingsgrove NSW

Ages : 8 to 13 years of age

Bring : Cricket gear (Gear available for free hire inc. helmets)



**Train like a champion
To be like a champion**

For further details call Hamish on 9502 4533
hamish@kingsgrovesports.com.au

Academy website

<http://www.kingsgrovesports.com.au/sunday-squad.aspx>

